

**Basic Program, Jamyang Buddhist Centre,  
By Geshe Tenzin Namdak  
Lam Rim, 5-6 March 2022  
Discussion Questions**

These questions can be discussed during the Sunday discussion session on the actual teaching weekend and can also be used during the review session with the teaching assistants and their cohorts.

1. What is the difference between interpretable and definite meanings of Sutras?
2. What is the difference between the selflessness of persons and the selflessness of phenomena? How do they relate to each other, and which is generated first and which later?
3. Afflictions like attachment and anger have their individual antidotes. Realizing emptiness is the antidote to all afflictions; why is this so?
4. What is the difference between innate and acquired apprehension of a self and why is the acquired apprehension of a self not the root of samsara?
5. What is the conventional person or self that exists; which person actually exists?
6. How does the view of the transitory collection include apprehension of self of persons and of phenomena?
7. Why is it so important to spend a lot of time on understanding the object of refutation?
8. Discuss the four essential points to realise selflessness of persons.
9. What is the correct meaning of illusory appearances?