

Basic Program, Jamyang Buddhist Centre
By Geshe Tenzin Namdak
Lam Rim, 5-6 March 2022
Quiz Questions

These quiz questions are given to help and support your study. Please try to answer the questions without looking at the text. When you cannot remember the possible answer, please refer to the text and your notes, before looking at the answer keys. When after looking at the answer keys, still questions remain, please check with other students in your cohort or with your Teaching Assistant. Enjoy this fortunate opportunity to study the Dharma!

1.
 - a. Identify ignorance that is the root of samsara.
 - b. How is it that when the conception of true existence is overcome, cyclic existence is also overcome?

2. Make the following distinctions between selflessness of phenomena and of persons:
 - a. Is realizing the non-true existence of my eye a realization of the selflessness of persons?
 - b. Is realization of the non-true existence of my "I" a realization of the selflessness of persons?
 - c. Which of the two selflessness is the realization of the non-true existence of my body?
 - d. And of my house?

3. What is the object of observation of the innate view of the transitory collection apprehending self, and what is the object of observation of the innate view of the transitory collection apprehending mine?

4. Chandrakirti posits the view of the transitory collection apprehending the self of persons as the root of cyclic existence, while Nagarjuna in *The Precious Garland* indicates that apprehending the aggregates as truly existent, a conception of a self of phenomena, is the root cause of cyclic existence. Why are those two positions not contradictory?

5. Lama Tsongkhapa explains how the view of the selflessness of persons can be generated by way of the 'four essentials', also called the four-point analysis.
 - a. State the four points, and briefly indicate what they mean.
 - b. Give an example of the reasoning for the third point that you find convincing.
 - c. Give an example of the reasoning for the fourth point that works for you.

6. What are the instructions for seeking the ascertainment of the illusory-like.