

## ***Prayers at the Beginning of the Teachings for DB***

### ***Praise to Shakyamuni Buddha***

To the founder, the endowed transcendent destroyer, the one gone beyond, the foe destroyer, the completely perfected, fully awakened being, perfect in knowledge and in good conduct, Sugata, knower of the world, supreme guide of human beings to be tamed, teacher of gods and human beings; to you, the completely and fully awakened one, the endowed transcendent destroyer, the glorious conqueror, the subduer from the Shakya clan, I prostrate, make offerings, and go for refuge. (3x)

### ***Praise to the Perfection of Wisdom***

The indescribable, inconceivable, and inexpressible perfection of wisdom,  
Unproduced, unceasing, the nature of space,  
Object of the uniquely knowing transcendental wisdom:  
To the Mother of the Victorious Ones of the three times, I prostrate.  
TADYATHA [OM] GATE GATE PARAGATE PARASAMGATE BODHI SVAHA (3x)

### ***Refuge and Bodhichitta***

SANG GYÄ CHÖ DANG SOG KYI CHOG NAM LA  
I go for refuge until I am enlightened  
JANG CHUB BAR DU DAG NI KYAB SU CHI  
To the Buddha, the Dharma, and the Supreme Assembly.  
DAG GI CHÖ NYEN GYI PE SÖ NAM GYI  
By the merits I create through listening to the Dharma,  
DRO LA PEN CHIR SANG GYE DRUB PAR SHOG (3x)  
May I become a buddha in order to benefit all sentient beings. (3x)

## ***DB Dedication Prayers***

### ***Spreading of the Teachings***

DAG GI JI NYE SAG PÄI GE WA DI  
May whatever virtue I have collected  
TÄN DANG DRO WA KÜN LA GANG PHÄN DANG  
Benefit the teachings and all migratory beings,  
KHYÄ PAR JE TSÜN LO ZANG DRAG PA YI  
And, in particular, may it cause the essence of  
TÄN PÄI NYING PO RING DU SÄL JE SHOG  
Perfect, pure Losang Dragpa's teachings to shine forever.

### ***That all Beings Quickly Attain Enlightenment***

May the glorious gurus' lives be long and stable.  
May all beings equalling the extent of space have happiness.  
May I and others without exception accumulate merit and purify negativities,  
And may we be blessed to quickly attain Buddhahood.

### ***To Actualize Bodhichitta***

JANG CHHUB SEM CHHOG RIN PO CHHE  
May the precious supreme bodhichitta  
MA KYE PA NAM KYE GYUR CHIG  
Not yet born arise.  
KYE PA NYAM PA ME PA YANG  
May that arisen not decline,  
GONG NÄ GONG DU PHEL WAR SHOG  
But increase more and more.

### ***To Realize Emptiness***

TONG NYI TA WA RIN PO CHHE  
May the precious view of emptiness  
MA KYE PA NAM KYE GYUR CHIG  
Not yet born arise.  
KYE PA NYAM PA ME PA YANG  
May that arisen not decline,  
GONG NÄ GONG DU PHEL WAR SHOG  
But increase more and more.