

**Basic Program, Jamyang Buddhist Centre,
By Geshe Tenzin Namdak
Lam Rim, 7-8 May 2022
Discussion Questions**

These questions can be discussed during the Sunday discussion session on the actual teaching weekend and can also be used during the review session with the teaching assistant and their cohorts.

1. Why do we say that the direct realisation of emptiness is the only state of mind in the continuum of a sentient being that is a non-contaminated consciousness and why are all other forms of consciousness mistaken?
2. Why is the direct realisation of emptiness the only actual antidote to the apprehension of an inherent self and why does a conceptual realisation of emptiness not have this potential?
3. Why is it so important to rely on scriptural reference and logic in order to realise emptiness?
4. What is the difference between worldly or mundane paths of special insight and non-worldly or supramundane paths of special insight?
5. How do we train in the process of uniting calm abiding and special insight and what does it mean to have achieved the union of calm abiding and special insight?
6. Why is it so important to practice pure morality in Pratimokshayana, Bodisattvayana and Vajrayana?