

**Basic Program, Jamyang Buddhist Centre**  
**By Geshe Tenzin Namdak**  
**Lam Rim, 7-8 May 2022**  
**Quiz Questions**

These quiz questions are given to help and support your study. Please try to answer the questions without looking at the text. When you cannot remember the possible answer, please refer to the text and your notes, before looking at the answer keys. When after looking at the answer keys, still questions remain, please check with other students in your cohort or with your Teaching Assistant. Enjoy this fortunate opportunity to study the Dharma!

1. Why is the realization of the view presented as a prerequisite for special insight - is it not special insight?
2. Is special insight observing selflessness the only kind of special insight?
3. Describe how one meditates to develop special insight observing selflessness on the basis of calm abiding.
4. What is the sign of having attained special insight?
5. What are the two reasons Lama Tsongkhapa gives to encourage us to enter the Vajrayana?
6. What are the conditions without which the practice of tantra cannot be successful?