Annual Report

2021









BUDDHIST CENTRE LONDON

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Message from our Chair of Trustees

I'd like to start by offering my warmest thanks to everyone who has stood by Jamyang and given it their support over the past few challenging years while the centre has been closed to visitors and our face to face activities put on hold due to the pandemic. The trustees are particularly grateful to our inspirational director Ven. Fabienne Pradelle and her team for the imagination, flexibility and devotion they've brought to their work. We also extend heartfelt prayers to everyone who has suffered bereavement, illness, isolation and other difficulties during this time.

As board members of Jamyang, our primary responsibilities are to guide and support the centre in the areas of strategic planning, financial oversight and governance. During 2021 we discharged these via quarterly remote meetings, culminating in a face-to-face two-day strategic planning event in November, in addition to regular contact via email and social media. Agenda items have included:

- the growth of the education programme
- the development of Science & Wisdom Live
- financial reporting and planning
- repairs and improvements to The Old Courthouse
- future plans for making best use of the building and courtyard garden
- safeguarding policies and procedures
- updates to Jamyang's governing documents

You can read about many of these in this inspiring report. There are also regular meetings between the chairs of the three FPMT centres in the UK.

There are now eight trustees on the Jamyang London board, of whom Nick Holzinger and Pempa Samuels were recruited in the autumn. Between us, we bring professional experience in areas such as management and strategic development in both charitable and corporate sectors, finance, fundraising, working with local authorities, and in the arts. We are particularly delighted that Pempa has joined us from the Tibetan Community UK. Perhaps even more importantly we are all active students at the centre and include three teaching assistants and three students of the Basic Programme. We look forward to continuing to serve the centre and to support Geshe Namdak, the Executive Director and her team over the coming year.

Alison

- Chair of Trustees



Welcoming new Board Members

Give the ones you love wings to fly, roots to come back and reasons to stay."

— Dalai Lama XIV



Tashi Delek, I am Pempa Lahmu Samuels. I was born and raised in a small village called Pedong in the foothills of the Himalayas. I moved to the UK in 1997 and ever since I have been living in London. I am a primary school teacher and am passionate about teaching children and supporting them to become independent thinkers.

Jamyang Buddhist centre has been my spiritual home in the UK. I feel honoured to be a part of Jamyang board and support Jamyang on its journey to help all sentient beings.

Thank you,
Pempa L Samuels



Quantum physics confirms that the interconnection between particles is much more important than the particles themselves. Jamyang Buddhist Centre is a wonderful community for encounters and interconnections and I am very grateful that I have the chance to support Jamyang.

Nick Holzinger

Message from our Executive Director

As the ground beneath our feet feels increasingly shaky, fraying our mistaken sense of impregnability, space may be opening for a new kind of strength to emerge. It is a resilience that is founded on a more realistic view of our vulnerability and is thus far humbler and more compassionate.

Amidst the chaos and the global scale of this suffering, it is easy not to see this space, fragile as it is. And yet it already surrounds us. It also permeates our bodies and minds. Kindness and wisdom are present within us. They are also the invisible fibres that hold our communities together.

Jamyang Buddhist Centre London is a community dedicated to nurturing our connection with this kindness and wisdom. In doing so, it acts as a catalyst, one that feels more vital than ever. All of you who are reading this 2021 Annual Report are already leaning in. We are grateful you are here.

In 2021 we made important headway in both depth and breadth:

- In depth, we now support close to 350 students engaged in multi-year Buddhist studies and practice. The significance of this can't be overstated. It is creating a large cohort of beings primed to amplify kindness and wisdom around them in whatever way is most suitable. It is also training our next generation of Buddhist teachers, thus contributing to preserving the dharma jewel.
- In breadth, we have made important long-term commitments to support greater equality, diversity and inclusivity within our community. The launch of Science & Wisdom LIVE, bringing together various fields of science with the world's wisdom traditions, is also significant in broadening the platform of conversations, generating rich and beneficial cross-fertilization.

None of this would be possible without your support – whether a teacher, student, donor, volunteer, Teacher Assistant, facilitator, or any combination thereof - we thank you for leaning in and literally making the heart of this community beat to the rhythm of compassion.

Wishing you well and safe, And we bow to the kindness and wisdom that already lies within you,

Big love,

Ven Fabienne and the Jamyang team





Buddhist Teachings during the pandemic



The Teachings as a Refuge

Few of us could have been prepared for the upheaval the world would undergo as the first news stories of a highly contagious and life-threatening virus emerged from Wuhan in late 2019. Little could we have known the impact Coronavirus would have on all our lives: the enforced isolation, the political divisions, the fear and the unbearable number of bereaved loved ones. This surreal period has been a sobering teaching on impermanence, sickness, and death. And yet, within this whirlwind of confusion, we also witnessed heart wrenching acts of kindness and courage, and the value of connection was brought into sharp relief. It is my hope that the spiritual education programmes at Jamyang have provided, and will continue to provide, a space of solace and refuge, helping our community to grow blossoms of wisdom and compassion from the mud of adversity.

Geshe Tenzin Namdak

Indeed, the rarity and great fortune of Buddhist and contemplative teachings are not lost on me, say nothing of a teacher as skilled and active as Geshe Namdak. Throughout the year he taught both introductory and long-term courses, concluding two years of Discovering Buddhism, continuing five years of Basic Programme (183 students), and commencing three years of Exploring Buddhism (142 students). The consistency of these programmes is a reflection of Geshe Namdak's commitment to, and acknowledgement of the benefits of, structured, in-depth study.

Visiting Teachers

As a third national lockdown began in January, the gentle and uplifting teachings on Lama Tsongkhapa's Song of Experience by Yangten Rinpoche could hardly have been more welcome. It was a delight to watch the joyful interaction between Rinpoche and Geshe Wangmo, who skilfully translated.

Then, towards the end of March, Venerable Robina instilled us with courage to persevere in our practice through her teachings on the Four Noble Truths.

Despite our distance, we were extremely fortunate to be able to connect with these wonderful teachers online.





Partnerships

2021 was a year of collaboration. Among the organisations that Jamyang developed programmes with, there was Yeshin Norbu, Land Medicine Buddha, Buddhists Across Traditions and Mind & Life Europe. May the spirit of collaboration long continue! The benefit we offer to our respective communities is mutually enriched when we work together.

Thank you!

On behalf of the spiritual education team at Jamyang, I would like to extend my heartfelt thanks to you, our students, and community members, for spending the year with us. We very much look forward to learning and growing together in the year ahead.

I would also like to thank our extraordinary team who have created the conditions for the dissemination of the teachings and who have joyfully dedicated their time in supporting all our students. Spiritual education at Jamyang is a community effort, dependent on the kindness of many.

Kamlo

- Spiritual Programme Coordinator



Geshe Tenzin Namdak teaching online during the Covid pandemic.



The first hybrid class.

Inclusivity Ambassadors 2021



TASHI CHOEDUP



KARIN JEUNIAUX



OCHIRBAT UJEED



KATE HORNER



PARADISE (PARIS) **HONYBEN**



RISHI PATEL-WARR



AMANDA SUZANNE EVANS



AKILAH JEFFERS

The Exploring Buddhism programme was very exciting as it provided an opportunity to take my studies and practice to "the next level" through a structured course and a teacher fully qualified in the tradition something quite rare here in the UK! I was also drawn to the inclusivity ambassador scholarship as it is a great opportunity to do some good in society and my community - to hopefully strengthen the link between the western and eastern Buddhist communities.

Ochir<mark>bat Ujeed</mark>

I hope that the Jamyang program, which I am deeply grateful for, will offer me the opportunity to access and connect with the black community which are very underrepresented throughout Buddhism, mindfulness, and meditation, as well as the yoga and wellness milieu.

Amanda Sue Evans

I am really keen to deepen my meditation and Dharma practise and am very pleased to be taking part in the Exploring Buddhism Paradise "Paris" Honyben course.

I am always looking for new places to improve accessibility and learn more about people's needs so this project was ideal. I would love to see us develop exciting new ways to make Buddhist practice and learning inclusive for the widest range of people we can.

Kate Horner

Courthouse Community Activities (CCC)

During another very challenging year, most activities were moved online. This has offered benefits as well as created obstacles. We have been able to welcome a number of participants to our sessions who otherwise would have been unable to attend in person, such as some of our carers or those who were housebound or shielding, along with people who are living some distance away, even abroad.

The main activities during 2021 consisted of:

Repaying the Kindness (RTK) project

RTK has held a regular fortnightly programme offering a variety of activities throughout 2021 using Zoom. These included meditation and relaxation, art, craft, talks on mental health, Chi Kung, quizzes, music, and even our Christmas party.

The use of Zoom enabled us to keep in regular touch with members who, due to advancing years and ill health, had been unable to join us in person. Everyone really appreciated the continuity of contact and activities which helped to support their physical and, most importantly, mental wellbeing during this period.

Other Courthouse Community Activities (CCC)

CCC continued to oversee a number of community projects online throughout the pandemic, including regular twice-weekly **mindfulness drop-in sessions** as well as organising the 8-week **Mindfulness-Based Stress Reduction (MBSR)** course.

We were also able to participate in **interfaith events** using Zoom and supported schools, organising virtual Q&A sessions with classes, and were able to facilitate two actual **school visits** in between lockdowns.

We have continued our support of those nearing the **end of life** and have helped facilitate funerals and represented families who were unable to attend in person.

The Liberation Prisoners Project, a

programme designed to offer support to longterm prisoners through letter writing and visits, has also continued.

The sense of regularity and continuity of these online activities were greatly appreciated by all and many said how much they welcomed being able to connect with others in a safe space and for the sense of community that had developed.

New Trustees and Rebranding

Several new trustees have been welcomed to the Board, including Diana Opio, William Walker, Laura Cavina, and Cathy Bowman.

A number of meetings were held to discuss ways of raising the profile of the charity and investigating a change of name to better reflect its activities.

Jane

- CCC Coordinator

All CCC activities take place thanks to the effort of a dedicated team of volunteers and supporters. Huge thanks go to those who have allowed our activities to continue throughout the year.





Science & Wisdom LIVE

"The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. ... To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty, which our dull faculties can comprehend only in their most primitive forms – this knowledge, this feeling is at the centre of true religiousness."

- Albert Einstein.

In line with the Contemplative Education commitment, Jamyang London launched Science & Wisdom LIVE in the autumn of 2020 with the aim of bridging the gap between scientific and academic research and the wisdom of contemplative traditions. 2021 has been a most successful year for Science & Wisdom LIVE.

Our team has been able to produce various insightful and compelling dialogues, talks, and interviews, with the participation of **high-quality speakers** such as *Dr. Carlo Rovelli*, *Prof. Basil Hiley, Dr. Rupert Sheldrake, Geshe Tenzin Namdak, Jetsunma Tenzin Palmo*, and *Dr. Vandana Shiva*.

We are also thrilled to announce that we have **exceeded the fundraising target** of our 21 for 2021 campaign, thanks to generous donations of many patrons, friends, and supporters.

During 2021, our activities have crystallised into several distinct categories, all of which we will continue in 2022. These include the organisation and production of:

- Science & Wisdom LIVE dialogues
- Science Days conferences
- The Lighthouse Dialogues
- Podcast interviews & Videos
- The launch of our new e-Learning programme

We were also able to start many **partnerships and collaborations** with other organisations, amongst others:

- Mind & Life Europe (MLE)
- Compassion Institute (USA)
- Mind Science Academy
- Foundation for the Development of Compassion and Wisdom
- Global Tree Initiative
- Land of Medicine Buddha

Science & Wisdom LIVE continues in 2022, and if you are interested in our upcoming events and any news related to our activities, more information is available on www.sciwizlive.com

Sajda and Marco

- Science & Wisdom Live Project Managers

Science & Wisdom LIVE.















I have very much appreciated the invitation to Science & Wisdom LIVE, especially for the combination of intellectual engagement, comparison of ideas, with the profoundly respectful and friendly environment that it has offered. Thank you! Prof. Carlo Rovelli

I am astonished and ecstatic about the SciWiz programme so far today and just cannot wait until Geshe Namdak talks to Carlo Rovelli. I have his book Helgoland and have read some of his other writings. Michel Bitbol's and John Dunne's talks were illuminating and extraordinary and I feel fortunate to have heard them.

Jane Moore

Mind & Life Europe, the SciWiz As a board member of team has really impressed me over the last 18 months. The events they are organising are very exciting and have a significant impact on many people. I am very happy to be one of the SciWiz patrons.

I found the online meeting of Marcel Bitbol and John Dunne, and Carlo Rovelli with Geshe Namdak completely riveting - a classic instance of the ducks dipping into the proverbial Ganges to retrieve whatever goodness offered by the river (though endearingly apparently not true), as it was pretty clear that the speakers, not only had different strengths but took different stances. Each to their own for us all seemed to be the down-to-earth take-home message from what much of the time was an intense, pleasurable joy-ride way up in the stratosphere!

Ruth Kempson



Thank you to all our Patrons, Friends and Supporters

Alison Murdoch

Annette & Annelies van der Heijden,

Prof. Basil Hiley

Carlo Rovelli

Dianna Evans

Dr Ute Liersch

Erick Rinner

Francesca Sanchez

Gabor Karsai

Geshe Tenzin Namdak

grace chan

Henry Keilman

Hilary Easton

Jim & Janice Davidson Allan

Prof. John Dunne

Joseph Mishan

Laura Cavina

Laura Stevenson

Leena De Silva

Dr Marco Schorlemmer

Dr Marieke van Vugt

Dr Michel Bitbol

Nikolaus Holzinger

Robin Bath

Robyn Brentano

Scott Snibbe

Sharron Beamer

Steve Golding

Susan Liow

Valerie B L Lim-Bennett

Ven. Fabienne Pradelle

Viva Hart

William Walker

Life at the Old Courthouse

Volunteering

Jamyang's core program of Karma Yogi residential volunteering, giving practitioners the opportunity to offer service in an immersive environment consisting of community life, work, and practice, continues to go from strength to strength. We are able to house up to 6 volunteers, actively supporting Jamyang's vast array of activities.

During 2020 we trialed Jamyang's **first long-term volunteer programme** with 2 residents committing to 12-month volunteer agreements. Thanks to the success of the initiative Jamyang now offers both 3-month placements and 12-month placements which is proving to be of benefit for both the Karma Yogis and the centre. We actively also look to engage our volunteers in ongoing activity once they have completed their stay; our new Library volunteer and returning BP tech assistant have previously both completed the Karma Yogi program and are now working with Jamyang on an ongoing basis.

HR and the Jamyang Team

In 2021 Jamyang welcomed our new Equality, Diversity and Inclusivity Officer to the team, Kunsang Kelden. The role of the EDI officer supports the education department as well informing new conversations and ways of working for the Jamyang in every aspect of our activities. 2021 also welcomed Jamyang's new Operations Manager to the team, Paul Wells, who looks after the day-to-day activities and running of the Centre. Furthermore, Margaret Jailler took on the role of Admin Assistant this year and continues to support Jamyang in many ways. The team at Science and Wisdom Live continues to grow with the addition of a part-time projects co-ordinator role.

Building and Maintenance

The Old Courthouse continues to require ongoing love and attention as Jamyang cares for the building as custodians of the Listed Grade II building. This year we worked to repair and maintain roofing structures in the accommodation block, ensuring the building is protected from the elements. Guttering replacement works have taken place, as have plastering works in the Library to maintain and make safe the aging ceiling. An ongoing schedule of painting, decorating, and maintenance ensures the building is looking its best, while forthcoming projects such as damp assessments, brickwork repointing, secondary glazing, and roof tiling continue to ensure the fabric of the building is cared for, maintained, and improved.

2021 also saw the refit of two key areas within the building: the old B&B, The Lotus Guesthouse, and the Jamyang team common room.

Dharma Shop

2021 saw the planning stages of relaunching the shop at Jamyang for students, visitors, and practitioners. With collaborative input from our education and commercial team, plans are in place for the Dharma Shop to offer a full range of books, reflecting the recommended reading lists of Jamyang's FPMT education program. Alongside the offering of books, Dharma practice tools, implements, and accessories are to be offered in the shop in 2022, as well as the continued offering of secondhand books.





Enterprise and Commercial Activity

The Lotus Guesthouse launched in 2021, following an update to the aesthetics of the 1st-floor accommodation cells, and the addition of a new double room with a fully fitted en-suite, a new kitchenette, and a refurbished shared bathroom. The accommodation at Jamyang is now open to the world, with bookings being taken via Airbnb and in the near future Bookings.com giving our central London location a global reach.

The Café at Jamyang enjoyed a lively summer residency with the team from Louie Louie, a local neighbour restaurant, opening the courtyard to all with an offering coffee from redemption roasteries, pastries, and lunchtime offerings as the 'Yard Café'. In 2022 the café space will provide a home for kindness, generosity and really good food, utilising an ethos of shared compassionate values with a 'pay it forward' financial model.

Venue hire continues to face challenges as we emerge from 2 years of restrictions, however, an engaged program of welcoming back return clients, initiatives of outreach, and new adaptive additions to the venue hire remit, such as the new **Co-working space** at Jamyang, give new opportunities to explore, which will all further help bolster the activity in the changing landscape of room rentals.

Paul

- Operations Manager

I love this place! You can literally touch the long history of this amazing building. Formerly a Victorian courthouse jail, the rooms are former cells, but don't worry, there is no sense of being locked in, quite the opposite. The rooms are small, clean and simple. The kitchen is right on hand and is perfect for tea and coffee and in-room snacks. The bathroom has a sense of urban chic about it, with 'Faith in Nature' products provided. There is only room for a few guests to stay so this place feels cosy, relaxed and very friendly. Each guest has keypad entry through a dedicated entrance which is really nice. A sense of calm dominated my 3 night stay which I am thankful for. I was working in Waterloo which was a short 20 min walk away. Plenty of nice pubs and places to eat nearby - this is a real hidden gem. Highly recommended!

Andrew, Amsterdam, Netherlands

Lotus Guesthouse Reviews

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2021: A Year of Inclusion & Support

The COVID-19 pandemic continued to set the context this year, bringing uncertainty and a prolonged period of crisis response. We worked hard to stay close to our members and respond to their needs. Thanks to a grant from the Camellia Foundation, we have successfully relaunched our website and transitioned to online and hybrid events and study programmes. The online offer with the new technologically sophisticated website, made our events more accessible than ever before, spreading the Dharma easily through the world and reaching out to a new international audience.

During this challenging time, we have also offered a valuable new online service to request a prayer. Using our website to help support others during the pandemic. The feature is directly available on the homepage, to make it easy and intuitive for any user.

We also empowered our communities highlighting their unique stories, that make JBCL such a vibrant community, thanks to the blog, featured on the website. The human faces behind JBCL have been displayed also on our social channels, with the aim to communicate more effectively, more efficiently, engage more the audience and promote diversity and inclusivity (photo on the following page).

In 2021 we also embraced opportunities for collaboration, diversity, and inclusion by bringing people together and securing new partnerships. In August 2021, Jamyang responded to the Afghan crisis setting up a new project 'Yoga for Refugees' in partnership with Tools for Inner Peace and the NHS.

Weekly one hour of yoga class is offered in the Tara Room. The classes are focused on wellbeing, with systematic gentle practices to build up strength, flexibility, movement, and simple breathing and relaxation techniques. Referrals come from the NHS asylum seekers programme at Berry House NHS Hostel. The certified yoga teacher specialized in refugee's trauma recovery, is provided by Tools for Inner Peace, a group of yoga teachers and psychotherapists, former frontline professionals, and social workers, who wish to help others experience wellbeing with yoga. They also cover the refugees' transport expenses, thanks to the grants from the National Lottery.

We rejoice that the refugees in South London are now welcomed in the unique calming space of Jamyang and included in our person-centred community, where they can experience a free space without judgment, full of love, compassion, kindness, social connection, acceptance, listening, and peace.

Thank you!

From the bottom of my heart, I'd like to express my infinite gratitude to the Jamyang communities for having welcomed me from the very first moment. It has been an immense honour serving you, and working with you to spread the Dharma into the world.

Thanks for every single moment that we've spent together!

Fabiana

- Communication Officer





The stories of Jamyang's community featured on the new website.



AMBASSADORS

At Jamyang you can find people that were pioneers in bringing Dharma to Europe, experienced meditators and retreat leaders, scholars and authors of best-selling Buddhist books (and that is not including the teachers). And, alongside the rich tradition, you also have a very fresh and contemporary approach to Buddhism that is suited to an urban city like London.

Esther Garibay

I wish that the Jamyang Community keeps flourishing, creating a safe space for people to seek refuge and advance on their spiritual journey. May the community always be flexible and in the flow of life, generous and persevering joyfully in the midst of strange times. May the community stay strong together, always remembering the teachings.

Sabine Scherer

Jamyang is a place that welcomes all people interested in taking Tibetan Buddhism as a personal path of spiritual development to help them move towards greater more lasting inner contentment and peace, and that over time allows people to feel safe, valued and loved.

Mike Murray

It has been wonderful to see the evolution of Jamyang and be able to be a small part of this process.

The centre, its role in bringing Dharma to the West and its relevance to the local community is so important in these times and will continue to be so.

Geoff Jukes

Many visitors have remarked to me that the tranquil atmosphere of the Old Courthouse aids their Buddhist practice and helps them to generate a calm mind. Helping to provide the public with a place for study, contemplation, and reflection, and seeing the benefits this brings, makes offering my service worthwhile and rewarding. Jamyang is a hidden jewel of peacefulness within the hustle-and-bustle of everyday London life.

Volunteering during the lockdown



Having volunteered for Jamyang four times for long periods of time, I was looking forward to engaging in a multitude of activities, like courses, teachings and the normal busy environment of the Centre, but soon after my arrival, in February 2020, new pandemic restrictions were in place.

With these pandemic rules, the centre was forced to close to the public, move its activities online and most of the staff worked remotely.

This vibrant city centre was suddenly silent; hosting just three residential volunteers, Ven. Fabienne and Geshe Tenzin Namdak, who was in retreat at the time.

Not knowing if I could go home or when, what was going on with my family and friends in Portugal, not knowing the outcome of this situation, made me feel worried. In this unique situation, I very much appreciated the support of the Jamyang team. I felt very supported, sheltered and safe, thanks to the help of Jamyang team members, the advice and encouragement from Ven. Fabienne and Geshe Namdak.

Having the centre closed, was also a great opportunity to perform special activities that are not possible otherwise, such as deep cleaning the gompas, washing the mats, cushions, painting, decorating and general work in the common spaces, generating positivity from this unique situation.

Maria

- Residential Volunteer



DE LOURDES DOS SANTOS MESQUITA

Finance Report 2021

2021 was another 'pandemic year' for Jamyang, meaning the centre (like many other venues) remained closed for much of the first half of the year. This has again affected our venue hire and guesthouse, which were large income streams for the centre before the pandemic (accounting for over £75,000). However unlike 2020, this was not completely unexpected, and we budgeted accordingly.

Like last year, the forced closure of venue hire and (the newly refurbished) guesthouse allowed us to focus on our Dharma education activities, which were our main source of income this year. We launched Exploring Buddhism, and the total income from education activities (including Basic Programme and Science and Wisdom Live) was just over £164,000.

We received nearly £34,000 in Friends' donations (thank you!) and a significant legacy of £80,000 from Roger Searle.

Thanks largely to the success of the Dharma Programmes, donations, this generous legacy, and most expenses kept lower than budgeted, we ended the year with a Net Operating Income of £216,075.

£60,000 of this was invested in construction and renovations such as flood-related repairs on the cellblock or the much-needed refurbishment of the community kitchen.

This is quite far from the deficit we had budgeted for when I wrote my summary last year.

This puts us in a strong position going into next year when we hope conditions will allow for the guesthouse and venue hire to once again become significant income streams, as well as launching E-learning courses.

Currently we are budgeting conservatively for a Net Operating Income of £50,400 in 2022 as we have learnt to be cautious, but if conditions are favourable we may do even better.

These figures are accurate at the time of this report but may be subject to adjustment from our annual independent financial review which is not completed.

Thank you as always for your continued support, without which we wouldn't be able to maintain the building, pay our hardworking staff and offer the range of courses and study programmes we do.



KEVAL Shah

Thank you to all our Donors and Friends*

Adam Bowley Adam South Adriana Barre Alan Mirren * Alessia Bulgari * Chang Liu Cherry Rattue Chimeg Dugrarjav Chips Hardy Christian Specht Christine Bessiere Christine English * Christine Thakur * Claire Rutigliano Clare Waddington Colomba Astaburuaga

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Tenzin Kunphen
Tenzin Metok
Tenzin Paldron
Thanh Tu Tran
The Camellia Foundation *
Theo Carnegy-Tan
Thomas Brooks
Thomas Johnston
Thomas Philip Elliott
Thubten (Michel) Sherab (He
Thubten Khadro
Thubten Kunphen
Tom Pratt
Tony Whooley *
TP & CM Elliott *
Tracey Richardson *
Tracy Chau *
Ven Barbara Shannon
Vesko Varbanov
Vickie Mackenzie *
Vicky Okusaga
Victoria Cleeves
Victoria Eastwood
Viva Hart *
William Walker *
Wendy Ridley *
Yana Bosseva
Zoe Stevens
Zsofia Bod

^{*} Friends of Jamyang generously make ongoing monthly donations

Jamyang continues to thrive thanks to the ongoing generosity of our friends, benefactors and donors!



I'm sure that I speak on behalf of everyone who attended yesterday's event when I say how much we enjoyed every second of the event. It was so heartfelt, from speeches to food, music and gifts and it was a lovely way to be welcomed back. Thank you for looking after our beautiful Jamyang and the spirit of the place so well despite the strange two years we have had.

Vinod Ravi

Just wanted to register my thanks to the Jamyang team for arranging Friday's event.
Really enjoyed the time meeting people again, along with Geshe-la's talk, the delicious food, and entertainment. I also much appreciated the generous gift bag, especially the lovely gift of Lama Zopa's book 'Sun of Devotion Stream of Blessing'.

William Walker

I am extremely honored to be a part of the Jamyang community, having such a loving Sangha is an endless source of inspiration to motivate me to help others in a meaningful way. I am excited to continue learning and developing compassion to all beings and I have faith Jamyang is the best place I could be to do that!

Adam South

I'm glad to hear that the guests enjoyed the evening. My special thanks to Venerable, Paul, and Kamlo for helping to organise and oversee the event. It feels to me like Jamyang is finally coming into bloom after a long and harsh winter. Onwards and upwards!

Olivia Till

What a wonderful evening you worked so hard to kindly offer the friends on Saturday, it was a pleasure to be at the Centre and feel part of the Jamyang community after these difficult pandemic months.

Every little detail was such a gift to those of us who came. The greeting, the entertainments, the splendid meal and needless to say, the goodie bag.

Robin Bath

Thank you for a lovely evening! It was so good to be back inside Jamyang for the first time in over 2 years.

Viva

Thank you so much for such a lovely evening. You and the team obviously worked very hard on our behalf. What a marvellous community to be part of.

Due to the Covid-19 lockdowns, our commercial activities such as the Guesthouse or rental of our rooms ceased.

The funds we raise through those activities traditionally support the delivery of our spiritual programmes this impacting our budget.

Learn about how you can make a difference.

Offer your support by making a regular or one off donation in support of our spiritual programme and centre activities



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Join our Legacy Circle contact director@jamyang.co.uk

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- Director Ven Fabienne Pradelle
- Spiritual Programme Co-ordinator Kamlo Chen-Duffy
- Operations Manager and Media Enquiries Paul Wells
- Contemplative Education Coordinator Sajda van der Leeuw
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- Librarian Liv Till
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There are many others who haven't been mentioned here but have been just as essential to the flourishing of the community. We thank you all.





Established in 1978, Jamyang London Buddhist Center provides a place for the study and practice of Tibetan Buddhism in the Mahayana tradition following the lineage of His Holiness the Dalai Lama.

We are affiliated with the Foundation for the Preservation of the Mahayana Tradition (FPMT) under the spiritual direction of Lama Zopa Rinpoche.

We host teachings by eminent Buddhist masters, and we offer both Buddhist and secular classes for all levels, from beginner onwards. We provide space for individual and group meditation. Here you will find the authentic teachings of the Buddha and a community supporting your spiritual growth and practice.

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