

Report on Jamyang Activity 2022

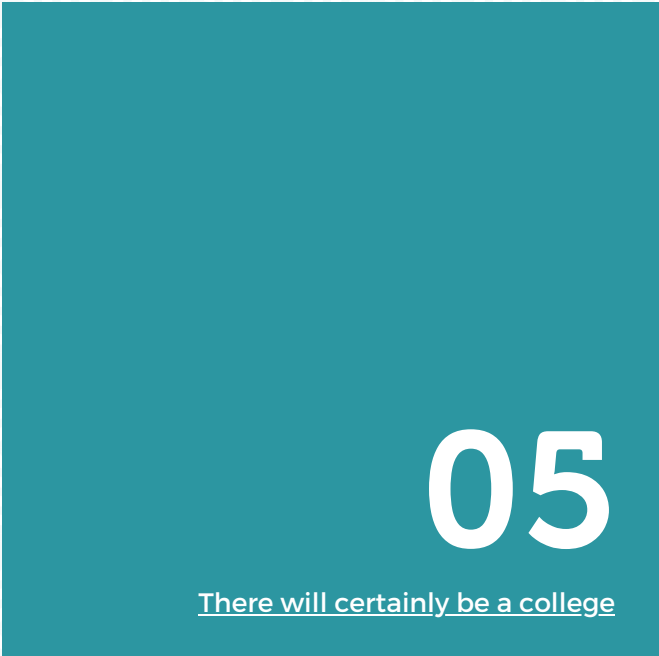




Continuing to Fulfil Rinpoche's Wishes



Monastic Life: That place has a light



There will certainly be a college



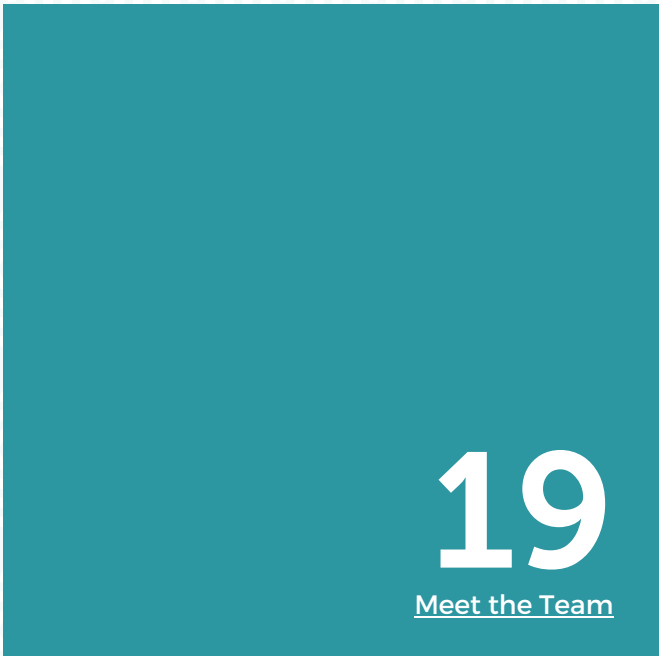
Inspiring Educators of the Future

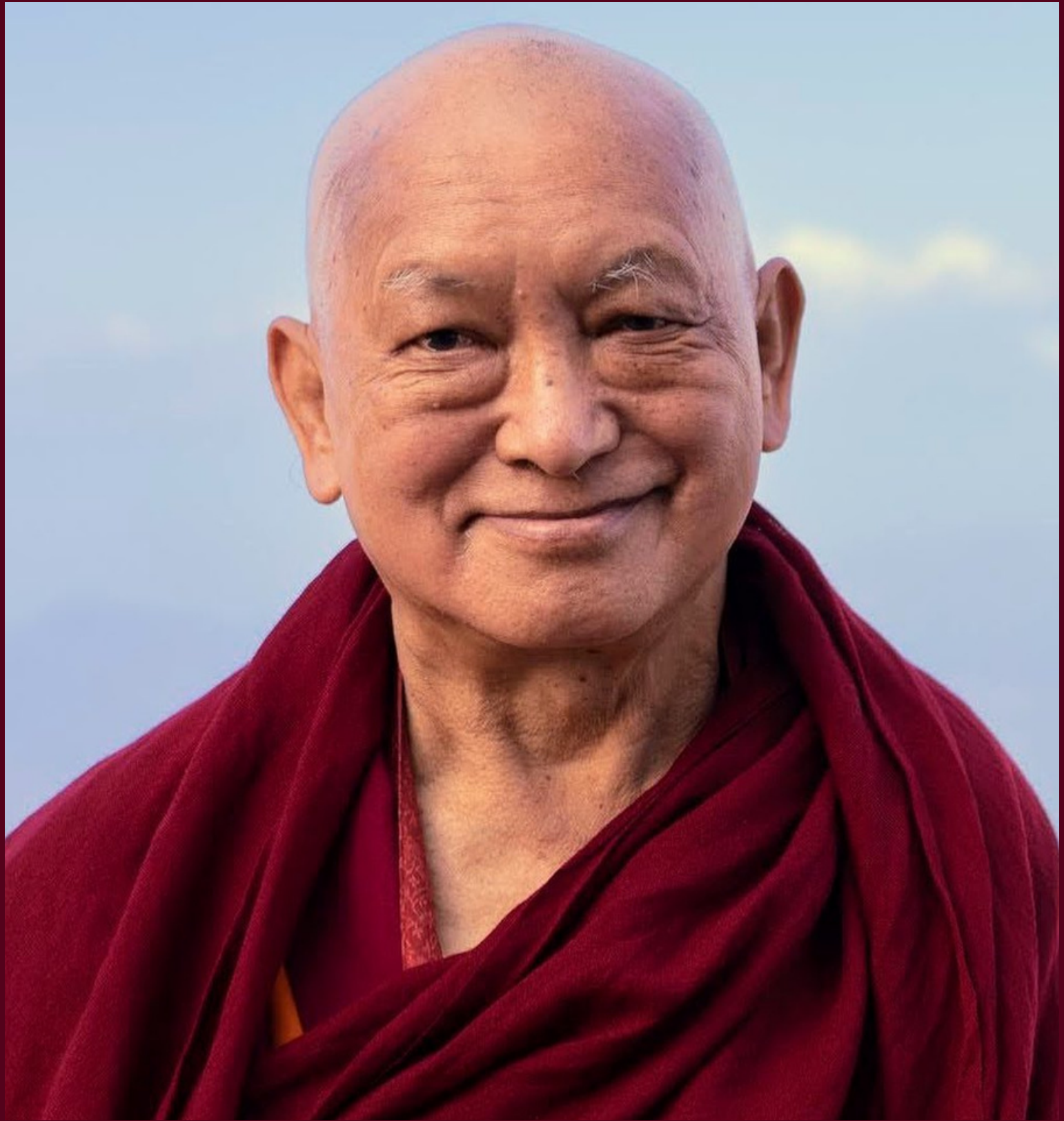


Benefiting a Wide Diversity
of People in a Diversity of
ways



Values-driven Community Development





Continuing to Fulfil Rinpoche's Wishes



Continuing to Fulfil Rinpoche's Wishes

In light of our Spiritual Director, Lama Zopa Rinpoche entering his final meditation on April 13, 2023, it is poignant that the year closed with the Jamyang team meeting him face to face at Kopan Monastery, Nepal.

How extraordinarily fortunate we were to be able to see him. We were able to share how the community is doing and our plans for the future. Rinpoche manifested being so pleased and supportive. As we absorb the loss of this bright light in the world, this being who was the perfect embodiment of selfless service to sentient beings, it gives us a tremendous sense of courage and inspiration to recollect his delight and encouragement.

Every aspect of Jamyang London has one single purpose, to serve sentient beings. Lama Zopa Rinpoche was very clear in his last advice to us: you must benefit sentient beings in different ways. To benefit different kinds of beings, you must do it in different ways.

This brave multifaceted vision was echoed by Lama Yeshe, our Spiritual Co-founder, who advised us in 1978:

'In order to live in the dharma, we need community situations: All kinds of people in all aspects of society. Everything will be included.'

We dedicate this 2022 Annual Report to our incomparable Spiritual Director, Lama Zopa Rinpoche, whose compassionate care and flawless guidance is the very reason Jamyang London is flourishing.

Big Love,
Thubten Drolma,
Executive Director



The remaining team at Jamyang Buddhist Centre with a photo of Rinpoche

Photo opposite page: Lama Zopa Rinpoche ©FPMT
Photo this page: Jamyang Team with Rinpoche



Monastic Life: That Place Has **Light**

Supporting the Flourishing of the Dharma in the Heart of the City

The Buddha said, the flourishing of the Dharma depends on the presence of the monastic sangha. His Holiness mentions that his Western friends ask him whether this is still the case, given that there are now many committed lay practitioners. To answer this he explained;

'We must distinguish between the flourishing of the Buddha's doctrine and the presence of the dharma. A 'central land' where the dharma flourishes depends on the presence of the fourfold assembly – bhikshus and bhikshunis (male and female fully ordained monastics) and male and female lay practitioners with five precepts.'

Geshe Tenzin Namdak, our resident teacher, further explained,

'It is said that wherever there is a holder of the Vinaya, a monk or a nun observing the vows of full ordination, that place has light, that place is illuminated, the Buddha's doctrine exist there.'

For these reasons, the aspiration to have more monastics in the heart of London has been present in the community for several years. We're delighted that the outer and inner conditions have now come together for this to manifest. Four monastics are now living at the Old Courthouse, and with our Monastic Residency Programme, we are creating the causes for a few more to come.

We are grateful for the overwhelming positive response there has been in the community to the recent ordination of two team members,

Venerables Wangyel (Kamlo Chen-Duffy) and Konchok (Adam South).

In long-term community member Mike Murray's words;

'It is inspiring to see a growing monastic community at Jamyang London. It is not only because, for me, it is a good omen of a future in England where a FPMT nunnery and a monastery will be established. It is also because although, on the wisdom side, the root of samsara is ignorance, on the method side, the root of problems is obsessive attachment and our angry responses when those obsessions aren't met. It is inspiring seeing people making sincere efforts to deal with this, especially in a city like London.

I always remember a phrase used by Lama Thubten Yeshe, our co-founder, when talking about the need for city centres to help people 'driven mad by desire'. Our monastics show that there is another way - we don't have to chase worldly experiences and stuff, we can break free.'

Having monastics at the centre comes with a responsibility, this includes having suitable long-term accommodation. To that effect, we have been working with an architect who developed plans for an apartment for our resident teacher with an adjacent resident monastic block.

If you'd like to hear more about those plans or get involved, please contact Thubten Drolma at:

director@jamyang.co.uk

We'd love to hear from you.



"There will
certainly be a
college"

Lama Yeshe's Vision for Jamyang

"There will certainly be a college"

Perhaps the greatest gift bequeathed to us by Lama Yeshe and Lama Zopa Rinpoche is a curriculum that draws on the Buddha's vast and profound educational heritage, through a time-tested approach that enables students of Dharma to progress on the path of inner transformation.

In 2022, we launched a new cycle of Discovering Buddhism, enrolling over 100 students. The level of engagement for this course, which is running concurrently with Basic Programme and Exploring Buddhism, is a course co-created by Geshe Namdak for Western students. Jamyang is one of the first centres to offer the course in Europe. These courses reaffirm our commitment to making Jamyang London Buddhist Centre a beacon of the Foundation for the Preservation of the Mahayana Tradition's (FPMT) educational model.

We are well on our way to establishing the Dharma college that Lama Yeshe envisioned at the centre's founding.

Recognising that the inner transformation that students seek depends on a variety of elements that supplement formal study, we are creating more opportunities for discussion, meditation, and preliminary practices. This holistic education structure, which we will continue to build on, is intended to provide students with everything they need to internalise the teachings.



Lama Thubten Yeshe
© Lama Yeshe Wisdom Archive

Another benefit of our educational approach, no less meaningful, is its capacity to build community. Through our courses, friendships and support networks are formed, and as the world deals with the challenges of economic and political uncertainty and climate change, these relationships will be vital.

May the cultivation of wisdom and compassion through Dharma education flourish at Jamyang for years to come.

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hat we are trying to introduce is the integration of the dharma into our lives. That is the sole reason for this community's existence. We want to create a western community whose basis is buddhadharma, to establish the dharma in our minds and daily lives. For these reasons we need a supportive environment in which we can complete our dharma education. The community can be understood in this way.

In order to live in the dharma we need community situations: all kinds of people and all aspects of society. Children, mothers, fathers, workers, students, monks and nuns, teachers, and realized masters. We shall have one complete society - one completely unique society. I think that is the way we can develop.

There will certainly be a college. The main reason for people to live in this society is to meet the teachings. The purpose of being part of this community is not because it is a fantastic place, but rather to actualise a living dharma experience. Included within this society will be a family structure, a living structure suitable for children, a school structure, and a monastic structure. Nothing will be excluded; everything is allowed within the context of the practice and experience of dharma.

Lama Thubten Yeshe

LAMA YESHE'S WORDS FROM 1978 ON SETTING UP JAMYANG BUDDHIST CENTRE



Inspiring Educators of the Future

Inspiring Educators of the Future

To achieve our goal of bringing to fruition Lama Yeshe's vision of a Buddhist college at Jamyang London Buddhist Centre, we need to grow our teaching faculty to support the tireless efforts of our Resident Teacher, Geshe Tenzin Namdak.

Kelsey (pictured right) is one of our Inclusivity Ambassadors. She is using her professional expertise in education and pedagogy to help us craft our teacher training programme.

This is how we will be able to make FPMT's incredible Buddhist curriculum available to students as soon as they are ready to take the next step in their Dharma education. We are drawing on the talents of various community members to develop a teacher training programme that will nurture students who show potential and interest in becoming facilitators at Jamyang London Buddhist Centre, such as our Inclusivity Ambassadors.

Our aim is to support these students so that their names can eventually be added to the FPMT Registered Teacher's list, and they can confidently deliver classes and lead meditations for the next courses.



Jamyang Student - Kelsey

Throughout its history, Jamyang's education programme has been incredibly fortunate to be sustained by a large team of facilitators, Teaching Assistants and meditation leaders. The plan is to expand this team even further, to accommodate future generations of Dharma students.

Photo opposite page:
BP Students in the Gomba

A promotional poster for a weekend course. The top half has a dark teal background with white and yellow text. It features two circular portraits of people. The bottom half shows a person in a light blue shirt sitting in meditation on a grassy hill at sunset. The Jamyang logo is in the bottom right corner.

**Buddhism
In a Nutshell
Beginner-level
Weekend Course**
Saturday 27th -28th May 2023

Join long-term students and community members of Jamyang, Cynthia and John as we set out on a journey to discover what the Buddha's teachings were all about and how we might apply them in our everyday lives.

IN-PERSON

JAMYANG
BUDDHIST CENTRE LONDON

A promotional poster for a course. The top half features a painting of a Buddha figure in orange robes sitting on a rock, surrounded by deer in a forest. Below the painting, several people are shown in a meditative posture. The bottom half has a dark red background with white text. The Jamyang logo is in the bottom right corner.

What did the Buddha say about...?
With Vicki Mackenzie
May 14th, 21st June 11th, 18th 2023

IN-PERSON

JAMYANG
BUDDHIST CENTRE LONDON



Benefiting a Wide Diversity of People in a Diversity of Ways

Benefiting a Wide Diversity of People in a Diversity of Ways

In 2022, the Equality, Diversity and Inclusivity (EDI) initiatives began to take shape, and we can rejoice in seeing the many efforts come to life.

Throughout the year we launched a series of programmes and discussions in honour of LGBTQ+ History Month, International Womens Day, Earth Day and Black History Month. Jamyang London Buddhist Centre continues to manifest its commitment to creating diverse and inclusive programming.

The first affinity group, the Rainbow Sangha, was established during LGBTQ+ History Month as a dedicated space that seeks to affirm and uplift Queer identified, or LGBTQ+ identified people studying Buddhism where they can share in meaningful discussion about the intersections of Buddhism and LGBTQ+ identity.

The second affinity group, Black & Curious about Buddhism, was launched last Autumn in honour of Black History Month to serve as an empowering space for Black students interested in Buddhism to come together,

share experiences, engage in discussion and meditate. In November 2022, we had the good fortune of having an audience with Lama Zopa Rinpoche and shared with him our EDI efforts. Rinpoche manifested being so pleased and emphasised strongly the importance of benefiting a wide diversity of people in a diversity of ways.

As the team works to implement the EDI strategy throughout all the departments at Jamyang London Buddhist Centre, dedicated scholarships were offered to the Black and Global Majority students for the first e-learning course of Science & Wisdom LIVE. At the end of the year, we also launched the first-ever Community Inclusivity Survey, the results of which will be shared in late 2023.



Photo opposite page:
Black & Curious About Buddhism - Affinity Group



Values-driven Community Development



Repaying the Kindness organised by the Courtyard Community Centre team

Values-driven Community Development

In 2022 we embarked on a journey to capture the core values of our organisation, and to distil the essence of these values into inspiring and valuable tools that guide our various activities, whether on the operation, executive, community or educational level. In essence, the function of these core values is to permeate and inform our day-to-day life at Jamyang.

The process of identifying the values closest to the heart of Jamyang was a community-wide endeavour, bringing in the perspectives of various stakeholders. We worked closely with the Jamyang team, the wider community, our student body and the board of trustees, in an open and educative dialogue skilfully supported by Erick Rinner.

After a period of thoughtful refinement, the essence of the workshops and research was condensed into 8 values; reflective of both the very foundations of the Jamyang community and its aspirations.

The 8 values are:

- Care Deeply
- Be Brave
- Honour Inter-connectedness
- Generate Warm Heartedness
- Make Space for Humour
- Be at Ease
- Have Integrity
- See the Big Picture



The values have been reviewed and clarified by friends of Jamyang: Vicki Mackenzie for copy, with image consultancy provided by Jane Moore and design-led creations from Alex Lee, one of our long-term resident volunteers. We'll be pleased to present these in 2023.

It is our strong intention that values inform and direct the activities of Jamyang, that they help us to set beneficial motivations, give us pause for reflection in our ways of doing and being, steer our decision-making, and help to guide our community positively as we shape our future together.

Photos opposite page:
School Visit - Tibetan Community at Losar

SCIENCE
WISDOM



LIVE

Science & Wisdom LIVE: A Wonderful Source of Hope for the Future



Buddhism & Quantum Physics

Discover the fundamental nature of reality, the mind, and the self

This course explores the intersections between Buddhism and modern science, providing you with new tools to deepen your meditation practice and investigate the nature of reality.

Online Course

Buddhism & Quantum Physics



JAMYANG
BUDDHIST CENTRE LONDON

A Wonderful Source of Hope for the Future

Science & Wisdom LIVE, a public outreach platform for dialogues between modern science and contemplative traditions, launched in November 2020. A project of Jamyang London, its aim is to foster collaborations between Buddhist and other contemplative traditions and scientific communities through the medium of online events, podcasts and e-courses. Seeking to bridge the gap between contemplative traditions, often siloed from each other, and sciences to support the emergence of a new field of contemplative education.

The launch of e-courses drawing from both scientific research and contemplative teachings will create a long-term educational environment for people who seek to deepen their knowledge of the intersection between science and contemplative practices. The key to collective flourishing lies in the education of the younger generations who respond well to an approach that, in His Holiness the Dalai Lamas' words, goes 'beyond religion' and fully exercises one's analytical capacities.

“

There are many signs of the harmonious relationship that is developing with great enthusiasm between science and religion. A common and productive viewpoint, as well as new views on mind and phenomena in particular are clearly emerging. [...] This is a wonderful source of hope for the future.

– His Holiness the 14th Dalai Lama

SCIWIZLIVE.COM/ELEARNING

JAMYANG
BUDDHIST CENTRE LONDON

SCIENCE & WISDOM

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Geshe Namdak often reminds us that the purpose of Jamyang London isn't to turn people into Buddhists, but simply to help them lead happier and more meaningful lives. Science & Wisdom LIVE is an integral and exciting aspect of this work, with the potential to reach even more people, particularly those who are young and curious.

– Alison Murdoch,
Chair of Jamyang's Board of Trustees

SCIWIZLIVE.COM/ELEARNING

JAMYANG
BUDDHIST CENTRE LONDON

SCIENCE & WISDOM

Photo opposite page:
(from the left) Geshe Namdak, Carlo Rovelli
Anil Seth, Vandana Shiva and Barry Kerzin



The Old Courthouse and Jamyang Buddhist Centre

Introducing the Masterplan: Our Long-term Vision for the Old Courthouse

Jamyang has long been a spiritual home for the Buddhist community in London, finding its roots at the Old Courthouse on Renfrew Road in 1995. As the organisation continues to grow & evolve, it is ever more clear that a new architectural vision will support the long-term strategic goals of the organisation, distilled into 5 essential priorities:

- **Care for our People** (including, accessibility and accommodation)
- **Prioritising Sustainability** (working towards Net Zero Carbon)
- **Support the Growing Education Plan** (Including study space and technological support)
- **Enliven Local Community Engagement** (A refreshed Courtyard with pavilion)
- **Promote Diversity and Inclusivity** (including access for all and a welcoming entrance)

The new vision focuses on creating a space that not only meets the needs of the current community but also allows for future growth and expansion & looks ahead to the next 25 years of Jamyang's home at The Old Courthouse.

In 2022, we began a journey of exploration with Dr Cindy Walters, lead architect at [Walters and Cohen](#),

helping us imagine & creatively explore the physical aspects of Jamyang's vision; in dialogue & collaboration, Cindy conceptualised the architectural 'Masterplan' for the building (introduced below by Ven. Drolma & Alison Murdoch).

By incorporating considered design principles and reimagined spaces, the new vision will enable Jamyang to serve a broader range of needs and attract a more diverse & inclusive community & fosters a sense of connection.

Additionally, the new space will be sustainable & environmentally friendly, incorporating green building practices & energy-efficient technologies to reduce its environmental impact and support the Buddhist principles of interdependence; the new architectural vision reflects the values & teachings of the Jamyang & serves as a physical manifestation of its long-term strategic vision.

If you'd like to hear more about those plans or get involved, please contact Thubten Drolma at:

director@jamyang.co.uk

We'd love to hear from you.



About Jamyang London Buddhist Centre



Established in 1978, Jamyang London Buddhist Center provides a place for the study and practice of Tibetan Buddhism in the Mahayana tradition following the lineage of His Holiness the Dalai Lama.

We are affiliated with the Foundation for the Preservation of the Mahayana Tradition (FPMT).

Science & Wisdom LIVE, a project of Jamyang London, is partnered with Mind & Life Europe. We work closely with FDCW, The Meridian Trust, and A Skeptics Path to Enlightenment.

Jamyang is also a member of the UK Network of Buddhist Organisations.

We host teachings by eminent Buddhist masters, and we offer both Buddhist and universal classes for all levels, from beginner onwards. We provide space for individual and group meditation. Here you will find the authentic teachings of the Buddha and a community supporting your spiritual growth and practice.

Spiritual Guide: His Holiness the XIV Dalai Lama

Founders: Lama Thubten Yeshe and Lama Zopa Rinpoche



Meet the Team

- **Resident Teacher:** Geshe Tenzin Namdak
- **Executive Director:** Ven. Thubten Drolma
- **Spiritual Programme Co-ordinator:** Ven. Lobsang Wangyel
- **Contemplative Education Coordinator:** Sajda van der Leeuw
- **Basic Programme Coordinator:** Jackie Yip
- **Exploring Buddhism Coordinator:** Kunsang Kelden
- **Gateway Education Coordinator:** Freddie Jenkins
- **Operations Manager:** Paul Wells
- **Tech Coordinator:** Ven. Konchok
- **Lama Liaison Officer:** Jackie Yip
- **Communications Officer:** Fabiana Lotito
- **Community Comms Officer:** Dion Rezki
- **Blog Writer:** Lewis Gwilt
- **Administrative Assistant:** Margaret Jailler
- **Book-keeper:** Jyoti Shah
- **Diversity, Equality and Inclusivity Coordinator:** Kunsang Kelden
- **Science & Wisdom Live Project Managers:** Sajda van der Leeuw, Marco Colnaghi
- **Community Courthouse Centre Manager: (CCC)** Jane Sill
- **Community Engagement Coordinator:** Liz Price
- **School Visits:** Jane Sill, Cynthia Bonell
- **Interfaith Coordinator:** Joe Backus
- **Gompa Keeper:** Jess Plumb

Board of Trustees

- **Chair:** Alison Murdoch
- **Deputy:** Jan Andresen
- **Treasurer:** Nick Holzinger
- Robin Bath
- Erick Rinner
- Andras Kondor
- Keval Shah
- Pempa Samuels

Finance Committee

- **Chair:** Nick Holzinger
- Thubten Drolma
- Andrew Stark
- Barbara Pidgeon

FPMT UK Coordinator: Ven. Barbara Shannon

There are many others who haven't been mentioned here but are essential to the flourishing of the community. We thank you all.



Generosity
& Support

A Thank You to Our Donors

We would like to express our heartfelt gratitude to all the Donors and Friends of Jamyang Buddhist Center London.

Your generous contributions and unwavering support have played a vital role in sustaining our centre and allowing us to carry out our mission of spreading the Dharma and fulfilling the wishes of our precious teachers

Thanks to your donations and friendship, we have been able to maintain our centre's facilities, provide a peaceful and welcoming environment for meditation and study, and organise various programmes and events that promote spiritual growth and well-being.

Your financial support has enabled us to cover operating expenses, conduct workshops and retreats, and offer scholarships to those in need.

Additionally, your contributions go beyond financial support. Your presence and participation in our centre's activities have created a vibrant community of individuals dedicated to the living practice of Buddhism. Your friendship, kindness, and shared experiences have fostered a sense of belonging and support, making the centre a place where people can connect, learn, and grow together.

We deeply appreciate your commitment to the Buddhist teachings and your willingness to support our centre's endeavours. Your contributions continue to make a positive impact not only on the individuals who attend our programmes but also on the broader community and all sentient beings.

Alison	Radu	Lena
Tamas	Nadja	Eamon
Vesko	Tenzin	Nick
Gun	Silvia	Radu
Sin wee	Soh	Fabienne
Kamila Maria	Kamila	Naomi
George	Nana	Marta
Elizabeth	Laura	Davaakhuu
Ollie	Jennifer	Jennifer
Cinzia	Daphne	Natasha
Suzanne	Jared	CPTM
Mathias	Mike	Amy
Julie	Kim	Keira
Nick	Robyn	Elizabeth
Soo	Michael	Janice
Viva	Roy	Madina
Marie	Katia	Katrin
Vimala	Paul	Annelies
Valerio	Stella	Edita
Julian	Courtney	Manuela
Alessia	Tamas	
Caroline		
Louise		
Lena		
Jonathan		
Louise		

Photo opposite page:
[Twenty-one Taras](#)

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A Big Thank You for being Friends of Jamyang

Gemma	Geoff	Liz	Christine	Anissa
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Robert	Jan	Barry	Nina	
	Alison	Zhuoyu	Nick	
	Francesca	Roy	Viviane	
	Dimitris	Bruce	Patricia	
	Liz	Leonie	Brian	



Testimonials

“

Thank you for giving us strength and inspiration. Thank you for your kindness and presence.

Natasha - Visitor
(Donorbox Review)

“

Lovely welcoming place and people. This centre really contributes very positively to the community and fellow travellers on the Eightfold path.

B Burgess - Visitor
(Google Review)

“

With much gratitude for keeping Lama Tsongkhapa's lineage going strong. On this his special day.

Chrissie - Donor
(Donorbox Review)

“

Beautiful, wise environment, great work, lovely cafe, nice people.

Lynn - Visitor
(Facebook Review)

“

Thank you for making Geshe Namdak's teachings available! Rejoicing in your incredible merit!

Jennifer- Donor
(Donorbox Review)

“

I was lucky enough to visit centre today. The centre is warm, welcoming and full of compassion.

Chi Huang -Visitor
(Google Review)

Testimonials (Courtyard Cafe at Jamyang)

“

Such a secret haven and such delicious and abundant food!

Steve
Visitor



“

Thank you for a warm, delicious and heartening experience

CJ
Visitor



“

I really enjoyed the great company and peaceful atmosphere.

Anna
(Donorbox Review)



Testimonials - The Lotus Guest House

“

Absolutely fantastic place to stay I shall be returning as much as I can! Everything was just perfect! Thoroughly loved my welcome postcard and bag of little handmade treats! Wish I could have stayed longer.

Molly-Grace



“

Thank you for a brilliant stay. Such a gem. I was so impressed by the room, the bathroom, and the ambiance in general. Plus all very easy with access. Highly recommended.

Angharad



“

Clean, cosy, and very convenient for a short stay at the Jamyang FPMT Buddhist Center.

Susanna



Stay in touch



@jbcclondon

Join our newsletter



Thank You

✉ welcome@jamyang.co.uk

🌐 jamyang.co.uk

📍 [43 Renfrew Road, SE11 4NA](#)

Jamyang Buddhist Centre is a registered charity and as a UK tax payer you are able to make your donations go further with Gift Aid.

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Photo cover page: Friends Event 2022
Photo this page: Sand Mandala Destruction