

ART MATERIALS For Tangkha Painting Classes

The list of art materials are for students who have not attended previous art courses and for those who want to start painting. The best paints to learn painting are Designers Gouache, in particular Winsor & Newton. Other good brands are Schminke, Daler-Rowney, Lefranc & Bourgeois. The items marked * are necessary, all others are optional. The initial costs might be high, but these paints will last you for years.

PAINTS : Winsor & Newton Designers Gouache

COLOURS :

Blue: Indigo *, Cobalt Blue *, Prussian Blue, Cerulean Blue, Ultramarine, Turquoise

Green: Emerald Green , Winsor Green *, Oxide of Chromium,

Red: Flame red *, Alizarin Crimson *, Perylene Maroon

Yellow: Winsor Yellow, *, Lemon Yellow, Orange Cadmium *

Browns: Yellow Ochre *, Burnt Siena *, Van Dyke Brown,

Black: Lamp Black

White: Permanent White (large tube)

The “Permanent White “ by Daler–Rowney (sold in a jar) is of superior quality SOME COLOURS may not be available anymore or have changed names.

ACRYLIC PAINTS: Acrylics paints can also be used as long as they achieve a matt finish by adding a matt medium. The best are from Ara, Winsor & Newton, Liquitex etc. Acrylics have their advantages being water resistant but are more difficult to use for outlining. **More advisable for advanced students.**

PRIMERS : Acrylic Gesso – 250ml, “ Cryla “ – white gesso primer by Daler- Rowney or by Liquitex (USA), or Talens, Winsor&Newton

BRUSHES : Brushes used for aquarelle painting

Large Brushes: medium size 1, 2, 3, 4, and one large brush 6 or above.

OUTLINING BRUSHES: ONE good quality outlining brush

Winsor & Newton, Finest sable – series 7 - size 00 *, or

Daler – Rowney, Diana sable, size 00, or 0, or DaVinci, Kolinsky sable

Flat Brushes: Flat brushes are good for large scale painting and for **WET SHADING**. Sizes 1, 3, for very large paintings 5 , 6

For more affordable brushes look at

Synthetic brushes: Winsor & Newton – Sceptre Gold – 101

Winsor & Newton – Cotman 111

Various other brands have excellent water colour brushes. Check your local art store.